



Irish Society for  
Clinical Nutrition  
& Metabolism



ROYAL COLLEGE OF  
PHYSICIANS OF IRELAND



THE EUROPEAN  
SOCIETY FOR  
CLINICAL  
NUTRITION AND  
METABOLISM

## IrSPEN-RCPI Nutrition Study Day and ESPEN LLL live course

Saturday 26<sup>th</sup> November 2016, RCPI

### Faculty

Professor Remy Meier (Switzerland)	TLLL
Geriatrician (Ireland)	To be confirmed
Dr. Orla Crosbie (Cork)	
Dr. Clare Corish (Dublin)	
Ms. Carmel O'Hanlon (Dublin)	TLLL

### LLL Topic 36: Nutrition in the Older Adult

09:00-9:30	Registration and welcome
<b>Undernutrition in the older adult:</b>	
09:30-10:05	Epidemiology and Consequences
10:00-10:35	Sarcopenia – Causes of Undernutrition
10:35-11:05	Nutritional Screening and Assessment
<b>Break</b>	<b>11:05-11:25 Coffee</b>
11:25- 12:00	Artificial Nutrition
12:00-12:45	Case discussion
12:45-13:30	Quiz and feedback
<b>Break</b>	<b>13:30-14:00 Lunch</b>
14:00-14:30	Distribution of LLL certificates

#### NB: Attendees wishing to take the quizzes:

1. MUST be a registered user of the online LLL programme in Clinical Nutrition and Metabolism [www.lllnutrition.com](http://www.lllnutrition.com)
  2. MUST notify IrSPEN of their intention to take the relevant quizzes by 25/11/2016 (latest) [info@irspen.ie](mailto:info@irspen.ie)
  3. SHOULD complete all relevant modules online in advance
- For Topic 36, study modules 36.1, 36.2, 36.3 and 36.4

**Attendees who do not take and pass the quizzes will not be eligible for ESPEN LLL credits**