

Policy Seminar – Tuesday 10th March

Improving Nutritional Care of Patients in Ireland – a Quality and Safety Priority

*Chairs: Professor Humphrey O'Connor,
President Irish Society of Gastroenterology
Dr Declan Byrne,
Chair Irish Nutrition and Dietetics Institute*

13.00 Registration and coffee

13.30 Welcome and opening address

*Professor John Reynolds,
(Chair of IrSPEN) Dept Surgery, TCD, St. James's Hospital*

13.40 Nutrition matters to me – a patient's story

13.50 Nutrition & hydration – a forgotten safety priority

*Dr Philip Crowley,
National Director Quality Improvement, HSE*

14.05 Malnutrition: healthcare challenges and their economic impact

*Professor Marinos Elia,
NIHR Biomedical Research Centre, Southampton*

14.30 Intestinal failure – are we failing our most challenging patient group?

*Professor Billy Bourke,
School of Medicine, Our Lady's Hospital Crumlin*

14.45 Panel discussion

15.00 Coffee and networking

15.20 Implementing good nutritional care in hospitals: focus on screening

*Elaine Bradley, Clinical Nurse Manager,
Beaumont Hospital*

15.35 Identifying and treating nutritional risk in primary care: case study

*Sharon Kennelly,
Senior Community / Research Dietitian, HSE*

15.50 Nutritional standards in nursing homes: lessons and priorities

*Hilda Griffin, Senior Dietitian,
St. Mary's Hospital, Phoenix Park*

16.00 Can a national programme to improve nutritional care deliver savings?: Comment

*Professor Charles Normand,
Health and Management Studies, Trinity College Dublin*

16.10 The way forward: National Quality Improvement Partnership Programme to improve nutritional care

*Olivia Sinclair, Project Manager,
HSE Quality Improvement Directorate*

16.30 Improving nutritional care: addressing the challenges (FORUM DISCUSSION)

Chairman's opening remarks for forum discussion with questions from participants directed at panel

16.50 Closing remarks:

Key learnings, priorities and next steps

17.00 Meeting close

17.00 Fresenius Kabi symposium – Strategies to implement change in the HSE

Professor Zena Moore, Dr Stephen Kinnear

Education Day – Wednesday 11th March

07.00 **Abbott breakfast meeting – Harnessing strengths during challenging times**
Shane Martin Reg. Psychol., Ps.S.I

08.45 **Welcome and update on IrSPEN activities**
Professor John Reynolds, Chair of IrSPEN

Session 1: New Concepts in Obesity and Appetite: Opportunities for practice?

Chairs: Professor Carel Le Roux and Professor Donal O'Shea

09.00 **Taste, palatability, and gastric bypass surgery**
Professor Alan Spector, State University of Florida

09.30 **What are the differences in hunger and fullness in underweight and overweight people?**
Professor Carel Le Roux, UCD

10.00 **What happens to the pleasure of eating after obesity surgery?**
Dr Alexander Miras, Imperial College London

10.30 **Discussion and application to obesity/malnutrition management**
Professors Carel Le Roux and Professor Donal O'Shea

11.00 Coffee break – viewing of posters and exhibits

Session 2: Translational Nutrition Keynote Lecture – Obesity

11.30 **From policy to practice – what's new in facing the obesity challenge in Ireland**
Professor Donal O'Shea

Session 3: Nutrition Research and Impact on Practice

Chair: Dr Aoife Ryan

12.00 **Visceral obesity and oesophageal cancer: impact on treatment response and outcomes**
Dr Suzanne Doyle, TCD

12.15 **Invited oral papers – based on abstract submissions**

13.00 **Questions and session close**

13.15 Lunch – viewing of posters and exhibits

Session 4: The Ageing Agenda and Malnutrition

Chairs: Dr Declan Byrne and Professor Maria O'Sullivan

14.00 **Does age matter? Fitness and frailty in the context of obesity and malnutrition**
Dr Roman Ortuno, Cambridge, UK

14.30 **Maintaining muscle - nutrition and exercise interventions in older adults**
Dr Brendan Egan, UCD

15.00 **Discussion and messages for multidisciplinary interventions**
Dr Declan Byrne, TCD

Session 5: Best Practice in Clinical Nutrition

Chairs: Dr Clare Corish and Dr Declan Byrne

15.15 **Providing optimal nutritional support in the ICU – everyday challenges & solutions**
Peter Turner, NHS, UK

15.30 **Dietary management of intestinal failure – everyday challenges and solutions**
Naomi Bates, St Vincent's University Hospital, Dublin

15.45 **Summary and discussion**

16.00 Coffee break – viewing of posters and exhibits

Session 6: Inaugural IrSPEN Keynote Closing Lecture – Nutrition & Cancer

16.15 **Nutrition support in cancer – an update on evidence, practice and multimodal approaches**
Professor Ken Fearon, University of Edinburgh

16.45 Presentation of poster awards

17.00 **Nutricia symposium – Can focussed nutritional care improve clinical outcomes?**
Professor Charles Normand, Niamh Rice, Richard Oakley